

Curriculum Vitae



Personal Information

Name: Deepti Rajaram Patil

After Marriage Name - Deepti Yogesh Shetye

Date of Birth: 13 October

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Professional Summary

A passionate and dedicated yoga educator with over four years of experience in traditional and therapeutic yoga. Specializes in personalized yoga instruction, mental wellness, face yoga, and conducting workshops. Blends ancient wisdom with modern techniques to support clients in their physical and mental wellbeing journeys.

Academic & Yoga Qualifications

- B.Com in Accountancy – Shivaji University (2005)
- Certified Yoga Teacher – Shivaji University (2022-2023)
- Certified Face Yoga Instructor – Rishikesh (2023)
- Completed Pravesh, Parichay & Prabodh – Nashik Yogvidyadham (2022-2024)

- Master's Degree in Yogashastra – Shivaji University (3rd ranker, 2023-2025)
- Certified Astro Yoga And Ayurveda yoga - Manali(jully to October 2025)

Workshops & Conferences

- State-level Conference Workshop on Yoga & Naturopathy – 2023
- National-level Conference Workshop on Yoga & Naturopathy – 2024
- Yoga & Mudra Workshop – 2025
- Presented paper at National Yoga and Naturopathy Conference – 2024 (2nd ranker)

Teaching Experience

- Workshops at Holy Cross Convent Kolhapur
- Workshop at Padmaraje Girls HighSchool, Kolhapur
- Personal training (4 +years)
- Online sessions for USA clients last 1+ year
- Oline session for Maleshiya client 3 months
- online session for Australia client 6 months
- Group classes for women (5 years)
- Face Yoga online workshops
- Yoga for mental health (online & offline 5 year +)
- Working with Mouni gurukul KshatrJagadguru School at Matgon last 6 months
- Working with Department of technology engineering College, Shivaji University.

Client Testimonials

“I have been sleeping better and I really think it's because of yoga. My back has been hurting but it's improving. Thank you Deepti!” — Sandra (USA)

“After eight days of Yoga, I was able to stand up from sitting without rolling. You're helping me so much.” — Hema (USA)

“Deepti's sessions brought calm and clarity. Her breathwork and mindfulness guidance helped me cope with mental stress.” — Premjeet (Mumbai)

Media Coverage

- Featured in Loksatta: <https://www.loksatta.com/kolhapur/karvir-girl-dipti-patil-teaching-yoga-to-american-citizens-online-from-kolhapur-css-98-5173450/> (21 June 2025)
- Punynagari News Paper. (26 May 2025)
- Sakal News Papers (feb 2023)

